

Food Resources

Metro Caring 1100 E 18th Ave.
Denver, Co 80218
303-860-7200
info@metrocaring.org

Denver Food Rescue
<https://denverfoodrescue.org/public-food-program>

Hunger Free Hotline
720-382-2920

Youth Employment

What jobs Can I Do?

13 or younger: baby-sitting, deliver newspapers, dog walking

14 or 15: You can work in specific non-hazardous jobs in non-manufacturing industries under certain conditions.

16 or 17: You can work in any job that has not been declared hazardous by the Secretary of Labor.

When Can I Work?

If you are 14 or 15, you can work ONLY:

- Outside school hours
- Between 7 AM and 7 PM*

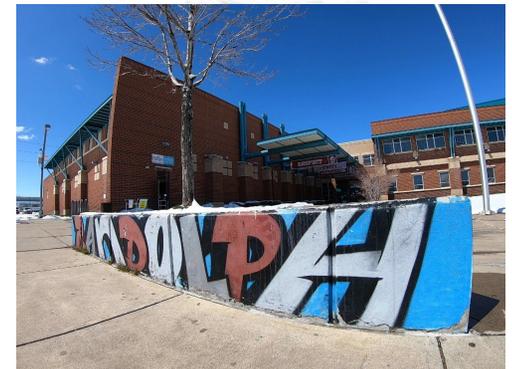
(*until 9 PM from June 1st-Labor Day)

- 3 hours on any school day
- 8 hours on any non-school day
- 18 hours in any school week
- 40 hours in any non-school week

If you are 16 or older, you can work any hours

Bruce Randolph

Where to go this Summer



**Where to go
Who to call
Medical care**

Where to Go

Hiawatha Davis Jr. Recreation Center

3334 Holly St | 720-865-0590

Swansea Recreation Center

2650 E 49th Ave |
720-865-0540 |

Cole Boys & Girls Club

3240 Humboldt St.
303-892-9200 ext. 191

Central Park Recreation Center

9651 E Martin Luther King Jr
Blvd. | 720-865-0750 |

Boys & Girls Clubs of Metro Denver

3333 Holly St.
303-321-0340

Summer in the Parks at City Park: Summer in the Parks

1700 North York St.
720 865-0842

Who to Call When you need to talk

- Crisis Services
844-493-8255 Call or
text
- 1-800-448-3000
- Crisis Line 988
- Clinica Tepeyac
303-458-5302
- School Based Health
Center 303-602-8958.
- Text VOICE to 20121
- SAFE2Tell;
877-542-7233



Medical Clinics

- Stout Street Clinic
303-293-2220 2100
Broadway
- Eastside Health
Center 303-436-4600
510 28th Ave
- Park Hill Family
Health Clinic
303-602-3720 4995 E
33rd Ave
- InnerCity Health
Clinic 303-296-1767
3800 York Street
- Salud Clinic
303-286-8900 Dental
303-286-6755 6075
Parkway Drive #160
Commerce City
- Cross Community
Center 303-292-3203
2501 E 48th Ave 16
and younger
- Clinica Tepeyac -
community health
clinic (*provides
immunizations) -
(303)458-5302